



# Doctor Discussion Guide: Starting the Conversation

Answer the following questions to personalize your discussion guide. Space is provided at the end to make any additional notes you feel would be helpful. Share with your healthcare provider at your next visit.



**1. I am concerned that I have: [Check all that apply.]**

- Athlete's foot between the toes
- Some other form of a rash or infection

**2. My symptoms are:**

- Itching, burning, cracked skin between toes
- Itching that gets worse right after taking off my shoes and socks
- Dryness and scaling on the soles and the sides of my feet
- Other (describe) \_\_\_\_\_

**3. I have had this condition for:**

- Less than a week
- More than a week
- More than a month
- I can't remember when I didn't have it

**4. I would describe my discomfort as:**

- Minimal
- Moderate
- Severe

**5. My condition:**

- Gets better but comes back
- Has not changed since I noticed symptoms

**6. To treat my condition:**

- I have used topical solutions
- I have used natural remedies
- I have been treated with a prescription medicine
- I have made lifestyle changes
- I haven't sought help until now

**7. Please make a note of any questions you would like to discuss with your healthcare provider, such as: "Would I benefit from treatment with NAFTIN Gel, 2%?"**

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**BE SURE TO TAKE THIS DISCUSSION GUIDE WITH YOU ON YOUR VISIT  
AND SHARE YOUR ANSWERS WITH YOUR HEALTHCARE PROVIDER.**

**NAFTIN<sup>®</sup> Gel, 2%****INDICATIONS AND USAGE:**

NAFTIN (naftifine hydrochloride) Gel, 2% is an allylamine antifungal indicated for the treatment of athlete's foot between the toes caused by fungus in patients 12 years of age and older.

**WARNING:**

If there is redness or irritation on the skin with the use of NAFTIN Gel, 2%, stop treatment and speak with your doctor.

**Information for Patients:**

1. NAFTIN Gel, 2% is only for use on top of the skin. NAFTIN Gel, 2% should not be used in the mouth, eyes, or vagina.
2. If there is irritation or redness with the use of NAFTIN Gel, 2%, treatment should be stopped. Contact your doctor if you have irritation or redness on the skin after using NAFTIN Gel, 2%.

**Cancer Risk:**

It is not known whether NAFTIN causes cancer or causes a risk of cancer. Long-term studies to evaluate the risk of cancer from NAFTIN Gel, 2% have not been done.

**Pregnancy:**

Let your doctor know if you are pregnant or plan to become pregnant. NAFTIN Gel, 2% should be used during pregnancy only if the benefit to the mother is greater than the risk to the unborn baby.

**Nursing Mothers:**

It is not known whether this drug passes into breast milk. Because many drugs pass into breast milk, women who are nursing should take care when using NAFTIN Gel, 2%.

**Pediatric Use:**

Safety and effectiveness in children under 12 years old has not been proven.

**SIDE EFFECTS:**

In clinical trials with NAFTIN Gel 2%, the most common side effect was itching on the skin where the medicine was applied.

NAFTIN Gel, 2% is manufactured for Sebela Pharmaceuticals Inc., Roswell, GA 30076.

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